

## Signature

### HAPPY 「わたし」セラピー 「WATASHI」 Therapy 150min (180min) ¥49,500

心から幸せに包まれていると感じる「わたし」との出会いへと導くこのシグネチャーは、ムーンセラピーと、健康の叡智・アーユルヴェーダによりアプローチします。「わたし」だけにカスタマイズされたトリートメントをお楽しみください。

This signature treatment combines Moon Therapy and Ayurveda, the wisdom of wellness, to guide you towards genuine happiness. Enjoy a personalized treatment tailored to your needs.

### DREAMY 「わたし」セラピー 「WATASHI」 Therapy 120min (150min) ¥39,600

心身ともにリラックスされた、自然体の美しい「わたし」との出会いへと導くこのシグネチャーは、ボディとフェイシャルのホリスティックなトリートメントにより、アプローチします。

This signature approach is a holistic body and facial treatment that aims to help you achieve a state of relaxation, natural beauty, and balance in body, mind, and spirit.

### ENERGY 「わたし」セラピー 「WATASHI」 Therapy 90min (120min) ¥29,700

身体がすっきりとリフレッシュされ、エナジーチャージされた「わたし」との出会いへと導くこのシグネチャーは、身体のバランスにフォーカスすることにより、理想的なエネルギーバランスへと整えてくれます。

This signature treatment is designed to leave you feeling refreshed and energized, with a renewed sense of self. By focusing on the balance of the body, our treatment helps you achieve the ideal energy balance.

**Body** 60min Entire Back + Shoulders + Head / 90min Entire Body  
/ 120min Entire Body + Customized Treatment

60min (90min) ¥18,700  
90min (120min) ¥28,050  
120min (150min) ¥37,400

### Balancing Relaxed Body

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This body treatment helps to bring the best balance of the “CHI” that resides within you and relax your body and mind.

60min (90min) ¥19,250  
90min (120min) ¥28,600  
120min (150min) ¥37,950

### Deep Pressuring Body

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Strong strokes and pressure release stiffness and tensions especially on shoulders and back.

## Facial

“chi to sé true” Clearing and Moisturizing Facial 60min (90min) ¥19,250

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The unique Japanese beauty ingredients, such as fermented rice bran and traditional herbal ingredients, work together to lead to a moisturized, firm, and elastic skin.

“chi to sé true” Lifting Facial 75min (105min) ¥24,200

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Our original lifting treatment will tighten skin, giving eye zones and facial lines shaper impressions.

“chi to sé true” Total Anti-aging Care Facial 90min (120min) ¥29,150

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Approaching various aging signs, this facial moisturizes and tightens your skin to give sharper impression with elasticity.

## Shirodhara Head

SUNDĀRI Shirodhara Head Experience 60min (90min) ¥19,800

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This treatment uses warmed Shirodara oil from the forehead point called "third eye" to the entire head, balancing mind and spirit. Release stress and feel deeply healed.

★All prices are inclusive of consumption tax.

★( ) Total time required from entry to exit out of the spa.